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## ABOUT RACHEL'S VINEYARD

Rachel's Vineyard weekend retreats for healing after abortion are offered throughout the year in 49 States and 70 countries (with many new sites in development).

The program is an opportunity to examine your abortion experience, identify the ways that the loss has impacted you in the past and present, and helps to acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

It is often said that abortion is a woman's issue. However, both men and women are impacted by abortion and greatly benefit from the retreats. Married couples, mothers, fathers, siblings, and grandparents of aborted children have come to Rachel's Vineyard in search of peace and inner healing. To learn more about Rachel's Vineyard Ministries, **visit: [www.rachelsvineyard.org](http://www.rachelsvineyard.org)**.

Rachel's Vineyard Hawaii is a ministry of  
The Roman Catholic Church in the State of Hawaii  
and Priests For Life.



## RACHEL'S VINEYARD MINISTRIES HAWAII

c/o The Respect Life Office of the  
Roman Catholic Church in Hawaii  
6301 Pali Highway  
Kaneohe, HI 96744

If you or a friend are hurting from an abortion,  
call us today.

**Contact Lisa Shorba, Hawai'i Site Leader at:**

**(808) 490-2571**

**e-mail: [rvinhawaii@gmail.com](mailto:rvinhawaii@gmail.com)**

**More info at: [www.rachelsvineyard.org](http://www.rachelsvineyard.org)**

**Toll-Free Hotline: 1-877-HOPE-4-ME**

The retreat and registration are strictly confidential. Rachel's Vineyard is a healing and training resource that welcomes collaboration with other post-abortion ministries. Rachel's Vineyard retreats are held in both Catholic and Interdenominational settings.

For information on clinical training or how to become a sponsor of Rachel's Vineyard in your area, please contact Theresa Burke, Phd at:

Tel: (610) 354-0555; Fax: (601) 354-0111; or

E-mail: **[rachel@rachelsvineyard.org](mailto:rachel@rachelsvineyard.org)**. National

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King of Prussia, PA 19406.

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# RACHEL'S VINEYARD

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## HAWAII

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*Healing the Pain of Abortion...*

*One Weekend at a Time.*

*[www.RachelsVineyard.org](http://www.RachelsVineyard.org)*

*Local Contact: (808) 349-5071*

*Rachel's Vineyard is  
the World's Largest Ministry  
for Healing After Abortion.*

## MORE ABOUT RACHEL'S VINEYARD HAWAII



### RACHEL'S VINEYARD RETREATS

Rachel's Vineyard weekend retreats are a beautiful opportunity for any woman or man who has struggled with the emotional or spiritual pain of abortion. The weekend is a chance to get away from all the daily pressures of work and family and focus on this painful time in your life through a supportive and non-judgmental process. The time away provides an opportunity to deeply enter the grieving process and identify all the ways your abortion may have affected you.

Rachel's Vineyard has a number of powerful exercises, rooted in Scripture, which allow the soul to speak its grief and sorrow. These exercises help connect participants to their inner voice, to each other, and to the love and mercy of God. The exercises help participants to accept forgiveness for themselves and others. Participants are also given an opportunity to re-connect on a spiritual level with their children who have been aborted, to give them honor and dignity through many special and creative spiritual exercises as well as in a memorial service.

The weekend is a lot of work, but those who are willing to journey through their grief will experience the power of resurrection in their own lives. They will find meaning in what has happened and allow God to transform the experience into something that gives hope, liberation and peace.

**Testimony:** "This experience was life-changing for me! It freed me of the grief and guilt I carried for over 30 years. Even though I thought I was "tough" or "over it," nothing helped me or healed me more than my attending the RV Retreat."

Dr. Theresa Burke and husband, Kevin Burke, founded Rachel's Vineyard Ministries' Weekend Retreats in 1995 in Philadelphia, PA. Dr. Burke created the retreat format after founding one of the first therapeutic support groups for post-aborted women and years of clinical work at The Center for Post Abortion Healing, founded in 1986.

Rachel's Vineyard Ministries Hawaii was established in 2009 as a program under the Respect Life Office of the Roman Catholic Church in Hawaii. Dr. Theresa Burke facilitated the first Hawaii retreat in September 2009 and provided a full-day's clinical training on the subject of Pregnancy Loss & Unresolved Grief to Hawaii's clergy/counselors/lay people/physicians. The RV team consists of a Catholic priest, professional counselor, facilitator, loving and non-judgmental lay volunteers, all who've participated on past RV retreats. We volunteer our time freely on the weekend because we understand the importance of healing and recovery surrounding the pain of abortion. We respect where each participant is in the grief process and we help each participant to move into a deeper level of healing.

#### Where Does the Name 'Rachel's Vineyard' Come From?

The name "Rachel" refers to an Old Testament figure. Rachel was written about in the book of Jeremiah: "Thus says the Lord: In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children, she refuses to be consoled because her children are no more.

Thus says the Lord: Cease your cries of mourning, wipe the tears from your eyes. The sorrow you have shown shall have its reward, says the Lord. There is hope for your future!" (Jeremiah 31:15-17)

**Testimonies:** "My husband and I both attended the RV Retreat. We both agree that it brought us closer to God and to each other. We received healing on so many levels. The love, warmth, and confidentiality were superb!"

"A family member & I attended RV; feeling nervous, the two of us were unsure of what to expect....at times it was an emotional roller coaster. We experienced safe lodging, meal nourishment, supportive environment; privacy of participants in mind at all times. The aftermath of the RV Retreat truly lifted my personal battle of burden which had been holding me hostage mentally and in my heart for over 35 years. We left the retreat with a renewed inner strength of confidence and a shared bonding experience which neither one of us will ever forget. Mahalo to the RV Team for doing what you do. Aloha & Mahalo, Ohana"



**First RV Retreat in HI** (Sept. 2009): Lisa Shorba, Dr. Theresa Burke, Sr. GERALYN Spaulding, O.S.B., and Rev. Khanh Pham-Nguyen.

**"Jesus Himself said that He came to call sinners and not the self-righteous. I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness. I am praying much for you. God bless you."**

*~ Saint Mother Teresa of Calcutta*

**Testimony:** "As a man, abortion affects us in a unique way...Rachel's Vineyard helped me heal many wounds from the past. I learned to be compassionate with myself. As Christians, we all strive to forgive, but rarely do we have such an opportunity to really learn how to forgive. The experiential learning process engaged me into a deeper walk with my faith. Now I am able to pray more deeply and authentically...to understand my pain and walk with it. My relationship with my wife has greatly improved...I feel now I can be much more open with her and she can understand my feelings about children. I recommend RV for anyone who has been burdened with the loss of their child. You will be surrounded by loving people."

### RETREAT REGISTRATION INFORMATION:

Weekend retreats are 3 days & 2 nights and include overnight stay at a private retreat center. Accommodations, meals/ refreshments, and retreat materials are provided. Space is limited. A registration fee of \$175 is required per participant. Need-based scholarships are available.

**Oahu Retreat Dates: April 28-30 & October 13-15, 2023** (2 retreats /yr. in April & Oct.; call for future dates).

**Confidential Registrations. Call: (808) 349-5071 or e-mail: [RVinHawaii@gmail.com](mailto:RVinHawaii@gmail.com)**

We welcome women and men of all faiths and look forward to serving you on our next retreat!

May God bless you and enfold you with His love and peace. We are praying for you!

*~ Your Rachel's Vineyard Team*