

SAINT GEORGE CATHOLIC CHURCH

February 5, 2023 | 5th Sunday in Ordinary Time



OUR MISSION

St. George Parish in Waimanalo is a Community of many diverse people joined together to proclaim God's Word in Holy Scripture by celebrating the Liturgy and building a Faith Community. Uniquely embraced by the majestic Koolau and rolling seas we strive to be a welcoming parish and commit ourselves to serve the people of God through outreach, unity and renewal.

41-1323 Kalaniana'ole Highway
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SUNDAY MASS READINGS

The Church was never intended to be a political moral majority or Christian coalition. It was designed to be a creative minority — a community of faithful who seek justice and mercy in the world. We are the salt of the earth that leads a distinctive moral flavor to a tasteless world. We are the light on the hill that beams moral spotlight on a darkened world.

1st Reading: Isaiah 58: 7-10

The prophets of ancient Israel shifted the religious emphasis from mutual practice to good deeds. The believer's duty is to give bread to the hungry, shelter the homeless, and clothe the naked while still taking care of your family. Those who do good deeds bring glory to the Lord and light to the world.

2nd Reading: 1 Corinthians 2: 1-5

Paul insisted that faith rests on the power of God rather than the wisdom of men. We are able to do the things Jesus commanded because God empowers us with His grace. Salvation is a gift from God but we are admonished to work out our salvation in devotion and awe.

Gospel: Matthew 5: 13-16

Jesus had no patience with those who professed faith but did not practice it. He compared them to salt that had lost its flavor or to a light hidden under a basket. Salt without flavor is utterly useless. A light hidden under a basket serves no purpose. Jesus insisted that His followers must walk the talk.

STAFF

Pastor: Fr. Raymund Ellorin

Deacon: John Tolentino

Secretary: Kamalani Rodrigues

Director of Rel. Ed.: Vicky DeSilva

OFFICE HOURS

Tue—Fri, 9am—noon

MASS TIMES

Saturday, 6pm Sunday Liturgy

Sunday, 7am and 9:30am

Monday, 7am Communion Service
Tuesday thru Saturday, 7am

RECONCILIATION

Saturday, 5:15—5:45pm or by
appointment

BAPTISM

Please call the office to register for
classes which are required for
parents and godparents.

MARRIAGE

Call for an appointment with the
Pastor at least six months prior to
wedding date.

ANOINTING THE SICK

Call the parish office to schedule.
Communion may also be arranged
for the homebound.

FUNERAL

Please contact the parish office
upon death and before making
burial arrangements with the
mortuary and cemetery.

BECOMING CATHOLIC

Order of Christian Initiation of
Adults (OCIA)

Sunday, 8:15—8:45am

RELIGIOUS EDUCATION

Grades K – 5, 8:15—9:15am

Grades 6 – 12, 10:30am—noon

Please call the parish office for
more info.

NEW PARISHIONERS

Registration forms are available in
the church, on our website, or
from the parish office.

DEVOTIONAL PRAYERS

Eucharistic Adoration

First Friday at 6pm

Rosary

Monday through Saturday at
6:30am

Divine Mercy Chaplet and Prayers

Second Sunday of the month at
11am

Our Lady of Perpetual Help

Novena
Tuesday at 6:30am

Respect Life Rosary

First Wednesday of the month at
noon in the Meditation Garden

Fatima Rosary

13th day of the month at noon in
the Meditation Garden

Novena to St. Joseph

19th day of the month at noon in
the Meditation Garden

Dear Parish Ohana,

This Sunday we continue with the great Sermon on the Mount from Matthew's Gospel. Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy.

When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!



Question of the Week

What specific concrete action can I take this week to reflect the light of Christ to the world?

Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

Spiritual Works of Mercy

- Share knowledge
- Give advice to those who need it
- Comfort the suffering
- Be patient with others
- Forgive those who hurt you
- Give correction to those who need it
- Pray for the living and the dead

Offering

giving back to God

Offerings for January 29, 2023

Sunday—\$3180
Funerals—\$300
Mass Intentions—\$100
Family Promise—\$25
Repair & Maintenance—\$315
Mary Lou Scholarship—\$50
T-shirt Fundraiser—\$42
Total—\$4012

Mahalo nui loa

to our Saturday, January 28th

church cleaners!

Leoncia Belen
Virginia Bringas
Betty Cadiente
Adelina Dela Penia
Michelle Inovejas
Louanna Kaio-Almony
Carlotta Kidder
Luisa Manuelli
Tina Ramos

A Stewardship prayer for February

Heavenly Father,
You made the light
to shine out of darkness,
a light that reveals the goodness
of all you have created.

Your Son tells us
we are the light of the world.
It is a dark world in desperate need
of your infinite love and mercy.

Help us to be good stewards
of the light you shine in our hearts
so that through this precious gift,
we too may reveal your handiwork.

And by the power of Your Spirit,
show us how to shine
our light before others,
that they may see our good deeds
and glorify you.

We pray this in the name of
Christ Jesus,
your Son, who lives and reigns
with You and the Holy Spirit,
God, forever and ever.

Amen.



Upcoming Events

Saturday and Sunday, February 11 and 12, 2023
Second Collection for Augustine Educational Foundation

Sunday, February 19, 2023
4pm Marianist Lecture "A Life Worth Loving"
Mystical Rose Oratory, Chaminade University

Wednesday, February 22, 2023

Fast and Abstain
7am Ash Wednesday Mass
7pm Ash Wednesday Mass

Friday, February 24, 2023

Fast
7pm Stations of the Cross (all Fridays during Lent)

Sunday, February 26, 2023

First Sunday of Lent

Wednesday, March 1, 2023

7pm Taize Prayer (all Wednesdays during Lent)

I love to read 
the Scriptures

Readings for Sunday, February 12, 2023
First Reading: Sirach 15:15-20
Second Reading: 1 Corinthians 2:6-10
Gospel: Matthew 5:17-37



For February 2023, we join the Holy Father in praying for Parishes. We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.



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NATIONAL Eucharistic Revival

A Eucharistic Resolution

It's not too late to make a new year's resolution concerning your faith life.

What about sharing our Eucharistic faith and love with others? We could share with others how important it is for us to attend Mass and nourish our soul each week, just as we share the things we did over the weekend with our friends and colleagues.

Some people even share what they ate...so why not share that you had the chance to partake in a heavenly banquet and consume the Bread of Life?

You could try to invite one person to join you in going to Mass each month. Then share with them too how you prepare yourself for it by going to Confession and reading Sacred Scripture.

Let's start with one and make our Lord truly happy!

How to make the most of Eucharistic Adoration

Adore Jesus in the monstrance. He awaits and welcomes you. Talk with Him. Praise Him. Thank Him. Be sorry for your sins. Ask him for forgiveness.

Meditate
It's OK to be silent. Allow Jesus into your heart.

Resolve to Act
Tell Jesus that you will try to improve, to act more faithfully, to pray more, to share kindness and good will. When you leave Church, go out and act on your resolutions.

Pray Daily
Keep Jesus in your daily prayer preparing for the next time for Eucharistic Adoration.



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TEACHING MASS - BULLETIN INSERT
LITURGY OF THE EUCHARIST, PART B: THE EUCHARISTIC PRAYER
SUNDAY, FEBRUARY 5, 2023



THE HIGH POINT OF THE MASS

The Eucharistic Prayer is prayed by the priest in the name of the entire sacred assembly, it is this prayer that transforms the bread and wine into the Body and Blood of our Lord Jesus Christ. This prayer is most commonly known as the means of the changing of bread and wine into body and blood, but there is much more to it than that. We should be mindful that the word “Eucharist” comes from the Greek word for “thanksgiving,” and the Eucharistic prayer, indeed the Mass as a whole, can be called a prayer of thanksgiving to the Father. The Eucharistic Prayer includes almost every kind of prayer we can give.

In the current use of our Mass, called the Roman Rite, there are ten approved Eucharistic Prayers that a priest may use. Some are used frequently on Sundays and weekdays, while some are used more sparingly because they are for special needs or occasions. Some are longer than others and some have their various prayers in different orders. Regardless, even if these each have different wordings, they all have the same key elements that make up the different prayers within the Eucharistic Prayer. By knowing these different elements and being able to recognize them when we hear the priest pray them, we are able to have a deeper and fuller participation in this most holy prayer. The elements are:

DIALOGUE OF PRIEST AND PEOPLE

This serves as the beginning of the Eucharistic Prayer. The priest calls the people to be attentive to the divine prayer and to participate in it in heart and voice. Worship is a task of the mind, heart, soul, and body, and so the priest invites the people to this sacred moment. The dialogue is always the same:

“The Lord be with you.”	“And with your spirit.”
“Lift up your hearts.”	“We lift them up to the Lord.”
“Let us give thanks to the Lord our God.”	“It is right and just.”

Notice how the priest does not say his usual, “Let us pray,” but rather, “Let us give thanks...” The priest is inviting us to participate in the thanksgiving that is the Eucharist.

PREFACE

After the Dialogue, the priest turns his focus to God the Father and addresses Him directly. The Preface usually begins with, “It is truly right and just,” showing a continuation of what the people have just said, showing us how the priest’s prayer is tied to our prayer. The preface can differ in its wording and is often related to the unique celebration of that day, but it is always a prayer of thanksgiving which recalls the deeds of God the Father through Jesus Christ. The preface ends with our response, in which we acclaim, “Holy, Holy, Holy.”

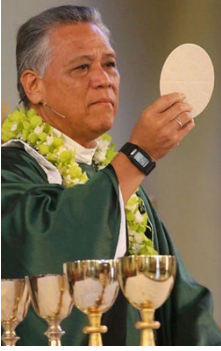
PRAYER OF PRAISE TO THE FATHER (ANAMNESIS – “NOT FORGETTING”)

An ancient form of prayer found time and time again in scripture, the Prayer of Praise, or *Anamnesis*, is when the priest mentions God’s greatness and the wonders He has done. It seems strange to spend time telling God how great He is; however, this form of prayer has been done by Moses, King David, and even Jesus Himself. It is thus in keeping with our greater tradition to join our prayer of praise to these.

THE CALLING DOWN OF THE HOLY SPIRIT (EPICLESIS)

It is not the priest who transforms the bread and wine into body and blood of Christ; only God can do that. The act of consecrating the gifts requires the Holy Spirit’s direct involvement. The priest performs the *Epiclesis* by extending his hands over the gifts with his palms down above them as he asks God the Father to send down the Holy Spirit that those gifts become the Body and Blood of Christ. It makes the gifts holy and acceptable so that they become worthy to be the Eucharist.





WORDS OF INSTITUTION (CONSECRATION)

These are the words by which the bread and wine become the body and blood of Christ himself. It is at time within the prayer in which the priest recalls and relives the last supper. During this, the priest repeats the words first uttered by Christ: “This is my body,” and, “This is the chalice of my blood.” When the priest says these words, it is no longer the priest who is speaking, but Christ speaking through the priest. As Christ is the fullness of Truth, what He says is always true, and thus when He says that the bread is His body, it thus becomes so. Our Lord then does the same to the wine, transforming it into His blood. This concludes with, “Do this in memory of me.”

MEMORIAL ACCLAMATION (MYSTERY OF FAITH)

The consecration is followed by the priest proclaiming, “The Mystery of Faith,” a reference to the consecration he has just facilitated. The people respond by professing their faith in the new covenant, the consecration, and thus the Real Presence.

REMEMBERING THE DEATH AND RESURRECTION AS WELL AS HIS ASCENSION

This part of the Eucharistic Prayer is when the priest mentions how we are called to remember Christ’s passion and crucifixion, as well as His resurrection from the dead, His glorious ascension into heaven, and His future return to us in glory.

OFFERING OF THE BODY AND BLOOD

Before the consecration, we offered up bread and wine, made from human hands, to the Father as a gift. Now, those have been replaced with the Body and Blood of Christ, which are of far greater value in terms of sacrifice. Thus, the priest offers the Body and Blood of Christ to God the Father as the true acceptable sacrifice in atonement for our sins. The sacrifice on the cross, made present to us in the Eucharist, is the sacrifice that erases our sins and makes us worthy of God’s grace. We participate in this offering. Both priest and people offer up the sacrifice of Jesus as the price for our salvation.

EPICLESIS OVER THE PEOPLE

Similar but distinct from the *epiclesis* of the bread and wine, the priest asks God to remember and consecrate the people who are gathered at this Mass. We should remember that the priest acts as something of a mediator, and thus is the one who asks God to bless all the people of God gathered within the church for Mass. The Eucharist consecrates us as members of the Body of Christ.

INTERCESSIONS

Much like the Prayers of the Faithful, the Eucharistic Prayers include petitions of behalf of the Pope, the Bishop, the whole Church, and the dead.

DOXOLOGY (RIGHT PRAISE)

Always the same, the doxology is the final prayer of the priest which summarizes the Trinity and how each plays a role in the Mass: “Through him and with him and in him (Jesus), O God almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, forever and ever.”

GREAT AMEN

This is our response to the Doxology, which is often sung, and meant to relate how we acclaim, affirm, and believe in the sacrifice that has just been offered through the Eucharistic Prayer. The Great Amen concludes the Eucharistic Prayer.





**Right-to-Life Advocate
Mayra Rodriguez,
Former Planned Parenthood
Director, Glendale, AZ**

(Catholic Diocese of Honolulu Approved Speaker; Approved Jan 2023)

Hear her story of how she quit working in the abortion industry after 17 years. Learn the marketing strategies targeting your keiki and how to educate them.

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9:00 am

Sat., February 25, 2023

Open Rally, 40DFL

On the sidewalk fronting Planned Parenthood

839 S. Beretania Street

6:00 pm

Tues., February 28, 2023

St. Theresa Catholic School Hall

712 School Street, Honolulu HI 96817

* Mass at 7:00 pm, Potluck 8:00 pm;

March 1, 2023

One Love, Kakaako

670 Auahi St., Honolulu, HI 96813

Doors Open 5:30 pm

Speakers, 6:00-7:30 pm

RSVP:

Anne Shigeta-Koch, 808-268-7143
anne40df@gmail.com




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